

## MY EXPERIENCE

RCF COACH 2015-PRESENT (8.5 YEARS)
RCF TECHNICAL DIRECTOR 2023 - PRESENT

#### **FUTSAL COACHING BACKGROUND:**

- COACH AT RCF FOR 8 YEARS
- 2009 GIRLS NATIONAL CHAMPIONS (2018, 2022)
- 2007 GIRLS NATIONAL CHAMPIONS (2022)
- 2009 GIRLS REGIONAL CHAMPIONS (2018, 2021, 2022, 2023)
- 2006 GIRLS REGIONAL CHAMPIONS (2022)
- 2015 BOYS REGIONAL RUNNER UP (2024, 2025)
- MONTESILVANO CUP U19 GIRLS RUNNER UP (2024)

### PROFESSIONAL FUTSAL PLAYER PERUGIA, ITALY 2017 - 2019

- SERIE A2 PLAYER FOR 2 YEARS
- TOP 10 GOAL SCORERS IN THE LEAGUE
- FIRST US FEMALE TO PLAY IN ITALIAN LEAGUE

# USA NATIONAL FUTSAL TEAM POOL PLAYER USA 2023-PRESENT

 PART OF THE FIRST EVER WOMENS NATIONAL TEAM CAMPS

# Emily Poose



### **ABOUT ME**

I'm from SoCal and grew up playing soccer and have been working and playing at RCF since I was in college in 2015. I took a short break when I went overseas to play Pro Futsal with Perugia Futsal Femminile. After returning to the states I came back to RCF and have been the Technical Director since 2023. In 2023-24 I was invited to multiple National Team Camps for the USA Futsal Team before tearing my ACL in Feb 2024. I have been on a long journey to returning to play since then.

### WHY FUTSAL AND WHY RCF?

The development you get in Futsal especially at a young age is by far the greatest development a child can get. It is superior to private trainings and 1 on 1 sessions since we are teaching individual basics as well as speed of play, fast decision making, constant movement, and discipline on both sides of the ball. RCF provides an environment for kids to learn and grow while still making sure that enjoyment and love of the game is the #1 outcome. I've also had the privilege to travel to many countries to learn more about futsal and the cultures behind the sport thanks to my connections made at RCF.





### **COACHING EDUCATION**

- Andre Sanz Atletico Madrid Futsal Coach Clinic at RCF 2018
- Diego Guistazzi Argentina National Team Coach Clinic At RCF 2019
- Paolo De Grossi Pesaro GK Coach RCF Clinic 2023
- 2 Tours in Argentina with 5+ Clinics at Different Pro Clubs 2022 & 2023
- Milan Kick-Off Futsal Coaches Clinic 2024
- Alessio Musti Alfredo Panniccia Futsal Clinic at RCF 2024